



DUPONT COUNTRY CLUB

GOLF PERFORMANCE ACADEMY



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ACADEMY**

DuPont Country Club

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www.dupontcc.com

Welcome to the DuPont Golf Performance Academy



Mission

Our mission is to provide fully integrated, quality Golf Instruction to the Wilmington, Delaware, and Greater Philadelphia Region. Whether you are looking for a place for your 5-year-old to learn the game, sharpen and improve your skills, or if you are starting the game later in life, we are excited for you to join the DGPA. Our world-class performance training facility and our full team of coaches, you have multiple instructional options that include group clinics, to half and full-day golf schools, private classes, and elite programming for the aspiring competitive golfer. In all our programs we look to maximize your potential, while helping you find true enjoyment in playing and practicing the game of golf.

Philosophy

The DuPont Golf Performance Academy (DGPA) Coaches educate athletes on the importance of the body -- swing connection. There is not one swing style suitable for everyone, but through our comprehensive mobility, strength, and power assessment, we will ensure your swing is the most efficient one for you. We evaluate all athletes on biomechanics, physical fitness, movement quality, current health, and client history. Once we complete the screening process, we build a unique, individualized program that may include fitness, physical therapy, swing mechanics, biomechanics, mental strategy, or all the above. Surrounding yourself with a team dedicated to improving your swing and body mechanics, along with your mental approach and course management strategies to the game, will enable you to perform at your peak potential.



TPI

All instructors are Titleist Performance Institute Level 1- certified, with some of our coaches continuing their education into higher levels. This important designation highlights the professionalism, dedication, and training acumen of our staff.

“TPI is the world’s leading educational organization dedicated to the study of how the human body functions in relation to the golf swing. Since its inception in 2003, TPI has studied thousands of golfers ranging from the top professional Tour players to weekend enthusiasts. An incredible amount of data on players of all shapes, sizes, ages, and fitness levels has been gathered during this time. Using this data, TPI discovered how a properly functioning body allows a player to swing a golf club in the most efficient way possible. Additionally, TPI has analyzed how physical limitations in a player’s body can adversely affect the golf swing and potentially lead to injury.”

DGP Academy Coaches use the world’s best technology to help our athletes improve and reach their potentials. These technologies include:

Trackman

Golf practice and player development are going through a period of tremendous change and technology is a central component in that transformation. The mapping of swing DNA is now possible, as is the quantification and comparison of swing feel vs. real. Technology also empowers us to monitor granular swing changes over time. From our groundbreaking club and ball tracking radar systems to the best performance enhancing software available in the industry today. Trackman provides the tools to allow you to make great strides in your game.

Learn more at: www.trackmangolf.com

K-Motion

K-Motion, the maker of K-Coach and K-Player, is the industry leader in wireless, human motion learning for the sports, fitness and medical (physical therapy) industries. The company’s cloud-based products create a complete end-to-end training solution that empowers coaches to get athlete’s and patients better faster. The company combines industry leading sensor accuracy with never-before-seen software features in a highly reliable, easy to use product that helps top golf coaches, movement and fitness specialists and physical therapists. K-Motion works with seven of the Top Ten on the Golf Digest Instructor List.

Learn more at: www.k-motion.com

V1 Sports

V1 Sports is the leader in video analysis software and mobile apps, revolutionizing the way coaches and athletes improve. Founded in 1995, V1 Sports offers tools to capture, review, and analyze athletic movement and is the pioneer in delivering seamless voice-over video lessons with integrated telestration.

Learn more at: www.v1sports.com

Boditrak

“We are a leading-edge sports technology company, focused on the interaction between an athlete and the ground.” – *Boditrak Website*

Bringing it all together – With our integrated approach, our professionally trained, certified, and dedicated team of golf professionals, and our high-caliber, state-of-the-art training facility and equipment, you are sure to find the right combination of instruction, support, and motivation to bring your love and execution of the game to the next level.





DuPont Golf Performance Academy



LADIES ACADEMY

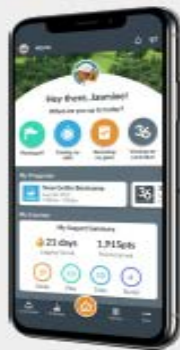
OPERATION 36[®] GOLF

Enroll in the academy and track your progress with the Op 36 app!

Coaches can communicate with you, help set goals, and give you the tools to progress outside of class.

Check the app for important announcements!

Learn more about Operation 36[®] at: www.Operation36.Golf



Beginners deserve a better way to learn to play golf!

Most golf programs are incomplete. That is why the DGP Academy uses the Operation 36[®] Development Model which centers around playing golf. The goal is to help you shoot par (36) or better for 9 holes.

STEP ONE: Develop Skills in Classes

We offer weekly group classes for you to attend that are educational and fun.

STEP TWO: Play Your First 9 Holes

Coaches will provide you with a 9 hole playing experience with the Op 36 Model.

STEP THREE: Track Your Golf Journey

The Op 36 Mobile App is your guide outside of classes. It is designed to make it fun to track your golf progress.

ENROLL TODAY

Bob Munkittrick, PGA
LADIES ACADEMY DIRECTOR

For more information email Rmunkittrick@dupontcc.com



Junior Golf Program

Information & Pricing

Our programming provides Junior Golfers the ability to learn golf through a structured environment that follows a curriculum of movement and engaging activities. Both DuPont Country Club Members and Non-Members may participate, with members getting priority.

SNAG Golf Ages 5-6

This program is an introduction of golf to our very young juniors with the addition of body mechanics to start the formation of an athlete in the game of golf. It is creating the FUNDamentals in our young athletes.

For more information and registration please visit
<https://operation36golf.com/landing/720>

Junior Clinic Ages 7-10

These clinics are a great way to get juniors excited about golf and learning how to play the game. We will cover all areas of the short game, long game, etiquette, and golf fitness.

For more information and registration please visit
<https://operation36golf.com/landing/720>

Yearly Junior Elite Program

The Junior Golf Performance Academy offers athletes the opportunity to be a part of a program to train their skills and prepare them for competition on Junior Tours and High School. We designed this Elite Program to be an intense training that will focus on all areas of the game (Short Game, Long Game, Mental Game, Management Game, Physical Fitness). They will be given programs to perform not only in the classes but also practice schedules to do on their own to increase their skills.

The Academy Includes

- (16) hours of Instruction per month subscription
- Trackman Video Analysis sessions
- DGPA Golf Towel
- TPI Training Program
- SuperSpeed Training
- Operation 36 online Portal
- Monthly Fitness Program

For more information email Brian Bryson at
Bbryson@dupontcc.com

Junior Operation 36 Ages 7 - 16

This program is designed to provide junior golfers the best introduction and long-term development plan to be a skilled golfer. It uses specific skill sets to coach juniors as they receive points and ranks on their goal to better golf. Each student will learn how to shoot 36 for 9 holes starting from 25 yards and increasing to 50, 100, 150, 200...the end goal is to get our juniors to shoot 36 or better for 9 holes from a full tee box. This is a great program to Introduce PLAYing golf to our junior athletes. During the Season players will play.

For more information and registration please visit
<https://operation36golf.com/landing/720>

Weekly Summer Golf Camp

June, July, August

Monday - Friday 9:00am - 12:00pm
Members and Non-Members welcome

This week-long camp will provide juniors an outlet to learn, play and socialize while enjoying golf activities. Athletes of all skill levels will engage in various golf games and instruction that will impact them for a lifetime.

Juniors will achieve goals, work through strategic games and drills; while having fun in a team and individual setting. We will also work through fitness drills and hold discussions about golf etiquette and over coming challenges.

These camps are divided up by age to give each student the opportunity to meet and create friendships that they could have for a lifetime.

For more information and registration please visit
<https://operation36golf.com/landing/720>



Private Instruction

DuPont Golf Performance Academy Staff

| | | | |
|--|--------------------|------------------------------------|--------------|
| Director of Golf | John Burke III | Assistant Golf Professional | Matt Finger |
| Head Golf Professional | Michael Caldwell | Assistant Golf Professional | Eric Onesi |
| Director of Instruction | Brian Bryson | Teaching Professional | Alice Miller |
| Golf Instructor & Club Fitter | Dick Matthias | Teaching Professional | Jim Matthias |
| Tournament Director | Robert Munkittrick | Physical Therapist | Cody Hafner |

Private Lessons

Adult – Member

| | |
|---------------|-------|
| 1 hour | \$120 |
| Semi Private | \$160 |

Adult Non-Member

| | |
|----------------------|-------|
| 1 Hour | \$150 |
| Semi Private (2 - 3) | \$190 |

Junior - 18 years old or younger Member

| | |
|------------|------|
| 1 Hour | \$75 |
| :30 Minute | \$45 |

Non-Member

| | |
|-------------|------|
| 1 Hour | \$90 |
| :30 Minutes | \$60 |

Adult Clinics

| | |
|-------------------|-------------|
| Member | \$30 |
| Non-Member | \$30 |

Playing Lessons

| | |
|-------------------------------|--------------|
| Adult - 9 Holes Member | \$200 |
| Non-Member | \$260 |
| Junior Member | \$140 |
| Non-Member | \$170 |

Golf lesson packages include the below added technology and TPI Screen

*Our V1 software combines Motion Measurement and video so your Coach can quickly diagnose and clearly explain your trouble areas.

*TrackMan Simulators accurately measures the impact of the club and ball to determine launch angles, spin rates and more so you can see and analyze your ball flight.

*TPI SCREENS examine human movement and how your movement restrictions are affecting your golf swing. It focuses on the movement, strength, and flexibility of the human body in relation to striking a golf ball.

Package Pricing for Members (Each Lesson is 1 Hour)

| # Of Lessons | Cost per Package | Cost per lesson | Time frame to take lessons |
|--------------|------------------|-----------------|----------------------------|
| 5 | \$550.00 | \$110.00 | 3 Months |
| 10 | \$1,000.00 | \$100.00 | 5 Months |
| 15 | \$1,400.00 | \$93.33 | 7 Months |
| 25 | \$2,200.00 | \$88.00 | 12 Months |
| 40 | \$3,200.00 | \$80.00 | 12 Months |

Package Pricing for Non-Members (Each Lesson is 1 Hour)

| # Of Lessons | Cost per Package | Cost per lesson | Time frame to take lessons |
|--------------|------------------|-----------------|----------------------------|
| 5 | \$700.00 | \$140.00 | 3 Months |
| 10 | \$1,300.00 | \$130.00 | 4 Months |
| 15 | \$1,800.00 | \$120.00 | 6 Months |
| 25 | \$2,800.00 | \$112.00 | 12 Months |
| 40 | \$4,000.00 | \$100.00 | 12 Months |





1-Day Golf School

Program Details

This is a great program to refresh your skills. Three hours of golf Instruction which includes video swing analysis and take-home plan to continue to improve your game. This school will give you an overview of what improvements you can make with your full swing to help you make the most efficient golf swing you can. Understanding ball flight that will allow you to practice and play with a purpose.

Benefits

- 3 hours of Instruction
- Private Instruction area on the range
- 4:1 Student to teacher ratio
- Unlimited use of the practice facility for the day
- DuPont Performance Golf Academy sleeve of balls

1-Day Short Game School

Program Details

This program is a comprehensive look at all areas your short game - putting, chipping, pitching, and bunkers. Included is three hours of golf Instruction which includes video analysis each day and take-home plan to continue to improve your game and shoot lower scores. You will learn how to hit the fundamental shots along with specialty shots around the green. Your short game will be the fastest way to lower your handicap.

Benefits

- 3 hours of Instruction
- Private Instruction area on the range
- 4:1 Student to teacher ratio
- Unlimited use of the Short Game Area for the day
- DuPont Performance Golf Academy sleeve of balls





2-Day Golf School

Program Details

This program is a comprehensive look at your full swing in addition a simple plan for your short game. Included is six hours of golf instruction which includes video swing analysis each day and take-home plan to continue to improve your game.

Benefits

- 6 hours of Instruction
- Private Instruction area on the range
- 4:1 Student to teacher ratio
- TPI Mobility & Stability Screen
- Unlimited use of the practice facility each day of the class
- DuPont Performance Golf Academy sleeve of balls
- DuPont Performance Golf Academy golf towel

2-Day Short Game School

Program Details

This program is a comprehensive look at all areas your short game - putting, chipping, pitching, and bunkers. Included is six hours of golf instruction which includes video analysis each day and take-home plan to continue to improve your game and shoot lower scores.

Benefits

- 6 hours of Instruction
- Private Instruction area on the range
- 4:1 Student to teacher ratio
- Unlimited use of the practice facility each day of the class
- DuPont Performance Golf Academy sleeve of balls
- DuPont Performance Golf Academy golf towel





2-Day Power School

Program Details

This program is a comprehensive look at creating speed and power in your golf swing. Included is six hours of golf instruction which includes video analysis each day and take-home plan to continue to improve your game and shoot lower scores.

Package Pricing

| | |
|---------------|-------------------|
| Member | Non-Member |
| \$445 | \$545 |

Benefits

- 6 hours of Instruction
- Private Instruction area on the range
- 4:1 Student to teacher ratio
- TPI Power Screen
- Unlimited use of the practice facility each day of the class
- DuPont Performance Golf Academy sleeve of balls
- DuPont Performance Golf Academy golf towel

2-Day Ladies Golf School

Program Details

This golf school is a relaxed atmosphere for women of all ability levels to improve their golf game. It will cover all the fundamentals of the full swing and short game. Included is six hours of golf instruction, video swing analysis, etiquette, and rules of golf. Each day you will add to the fundamentals, improving your game.

Package Pricing

| | |
|---------------|-------------------|
| Member | Non-Member |
| \$445 | \$545 |

Benefits

- 6 hours of Instruction
- Private Instruction area on the range
- 4:1 Student to teacher ratio
- TPI Power Screen
- Unlimited use of the practice facility each day of the class
- DuPont Performance Golf Academy sleeve of balls
- DuPont Performance Golf Academy golf towel

